


DELHI HOSPITAL & CLINICS



HOMEMADE


COMMUNITY OUTREACH INITIATIVE

In an effort to slow the spread of the Coronavirus (COVID-19), Delhi Hospital & Clinics is eager to partner with the community through a new outreach initiative entitled, **Homemade**. **Homemade** is a program that joins community members, patients, and healthcare workers together through the heart of homemade face masks to slow the spread of COVID-19. 

■ Homemade Face Mask Sewing Kit

Sewing kits can be picked up at Delhi Hospital & Clinic's Community Outreach building (white house across from Delhi Hospital ER on Tamburo Street) by appointment only. These sewing kits are able to produce 25 homemade face masks. 

■ Homemade Face Mask Drop Off

Face masks can be dropped off at Delhi Hospital & Clinic's Community Outreach building by appointment only. The masks must be in a sealed container, such as a Ziploc bag. 

■ Contact Homemade

Whitney Hutto - 318.878.6459 - whutto@delhihospital.com
Community Outreach Coordinator

We are "sew" thankful for your dedication and willingness to serve our community during this time.





HOMEMADE

COMMUNITY OUTREACH INITIATIVE

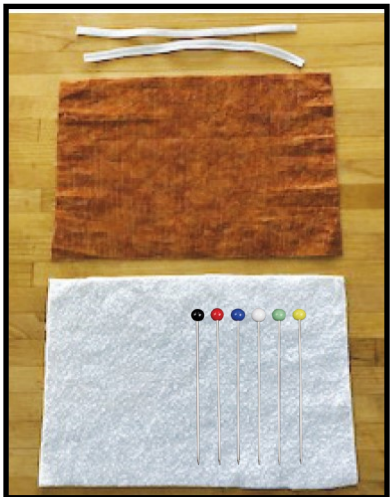
HOMEMADE FACE MASK TUTORIAL

SUPPLIES IN FACE MASK SEWING KIT

- 1 yard of 100% cotton fabric
- 1 yard of 100% cotton flannel fabric
- 50 - 7" pieces of elastic or thin cord
- Sewing pins
- Ziploc bag

*Kit produces 25 face masks

*CDC compliant design & approved by area providers



- 1 Cut the 100% cotton fabric and 100% cotton flannel fabric into 9" x 6" pieces.
 1 - 100% cotton fabric = 1 - 100% cotton flannel fabric
 2 - pieces of elastic or thin cord per face mask

- 2 Pin the unfinished ends of the two pieces of fabric right sides together, anchoring the ends of the elastic in the corners of the fabric on the short sides.

Please note: if you are using cord elastic, be sure to knot it on both ends so that it securely attaches when sewn. Leave a 2-inch opening on one long side for turning.



ELASTIC ALTERNATIVE

If elastic is not available, you can use four fabric ties (each with finished dimensions of 18 inches long and 1/4-1/2 inches wide). You can use cotton twill tape or make your own fabric ties. To make a fabric tie, cut a strip of 100% cotton 1 to 1-1/2 inches wide, and 18 inches long. Iron down 1/2 inch on one end, then iron the fabric strip in half the long way. Next, open the fold and iron both long edges to meet in the middle.



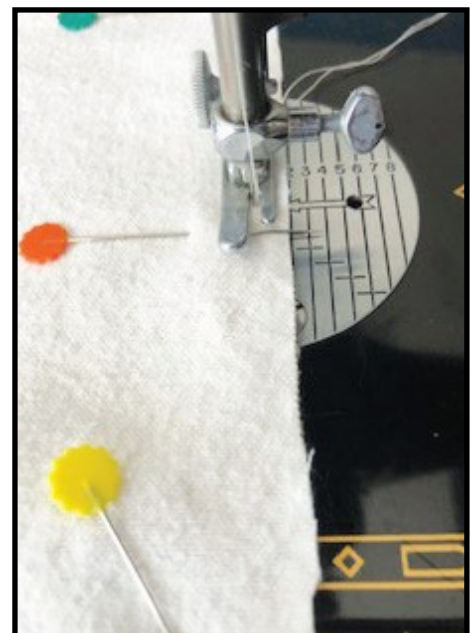
Iron the two long sides together. Sew across the end and down the long edge.



Pin the unfinished ends of the ties in each corner between the two pieces of fabric, about 1/2 inch away from, and parallel to the long edge of the fabric. Keep the remaining length of the ties away from the edges of the fabric so they don't get caught in the stitching that happens in the next step.



- 3 Sew around the mask using a 1/4 inch seam allowance, leaving the 2- inch space open on one long side.



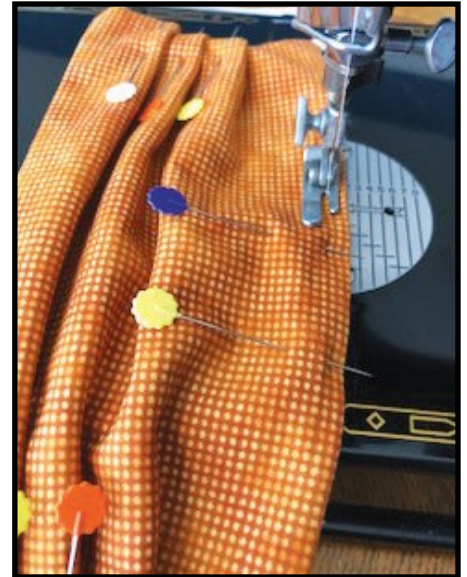
- 4** Iron flat, pressing the seam allowances from the 2-inch opening to the inside. Pin the opening closed.



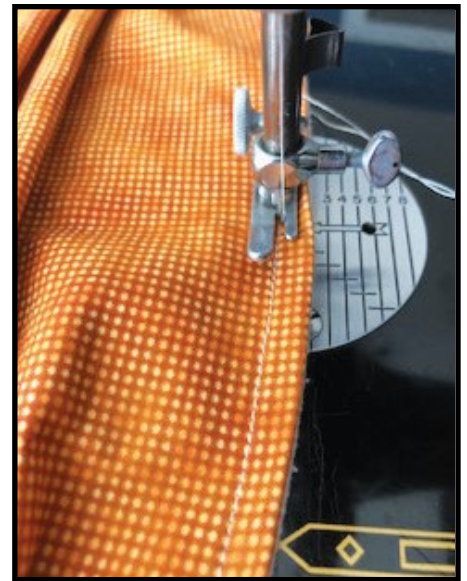
- 5** Make 3 small pleats (folds) across the length of the mask. Make sure they are all going in the same direction. Pin each pleat on both sides.



- 6** Sew all the way around the mask using a $\frac{1}{4}$ inch seam allowance.



- 7** Sew all the way around the mask again, right on top of the previous stitching.



- 8** Place finished masks inside Ziploc bag and seal.

**Schedule a drop off time by calling Delhi Hospital & Clinics
Community Outreach Department at 318-878-6459.**

Drop off location: White House across from Delhi Hospital ER
on Tamburo Street.

